

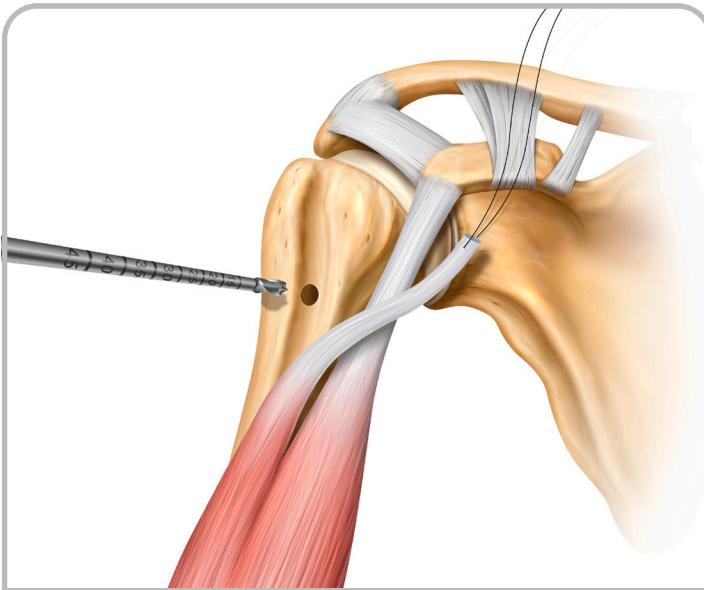
Biceps Tenodesis

Actiflip cinch loop

Surgical Technique Guide

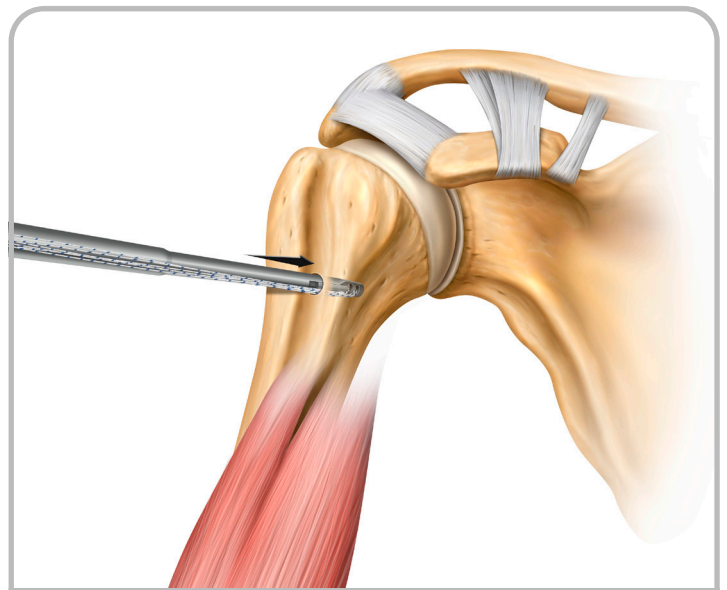
This surgical technique guide was designed in conjunction with Brandon J. Bryant, M.D.

Biceps Tenodesis *Actiflip cinch loop*



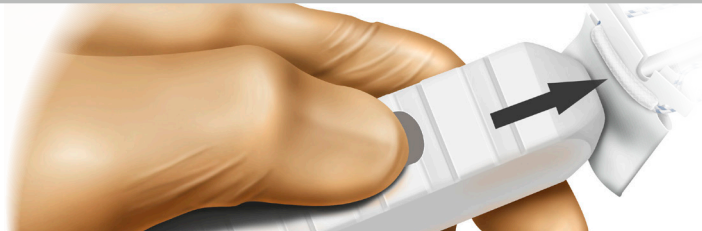
step
1

A tag stitch may be placed in the biceps tendon before resecting the tendon at its insertion. Use the Actiflip drill bit (11152SB) to create a unicortical bone socket.



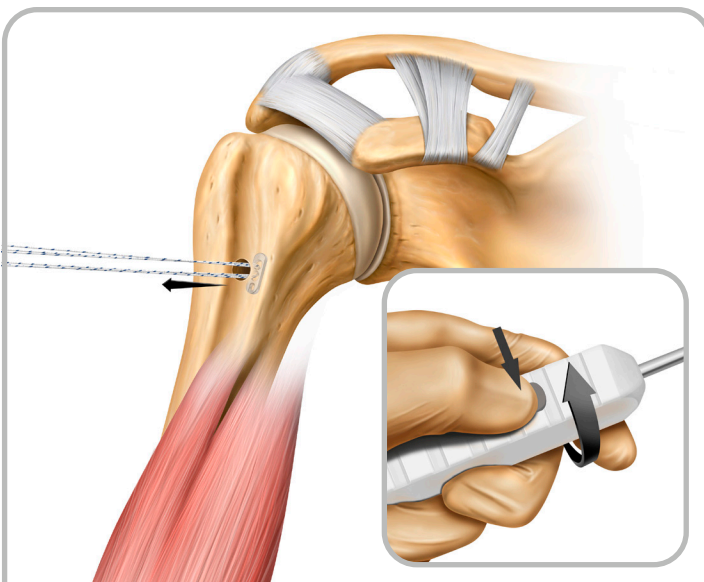
step
2

Position the activation button perpendicular to the axis of the medullary canal. Insert the Actiflip implant until it touches the lateral aspect of the distal cortex, retract the driver approximately 2mm.



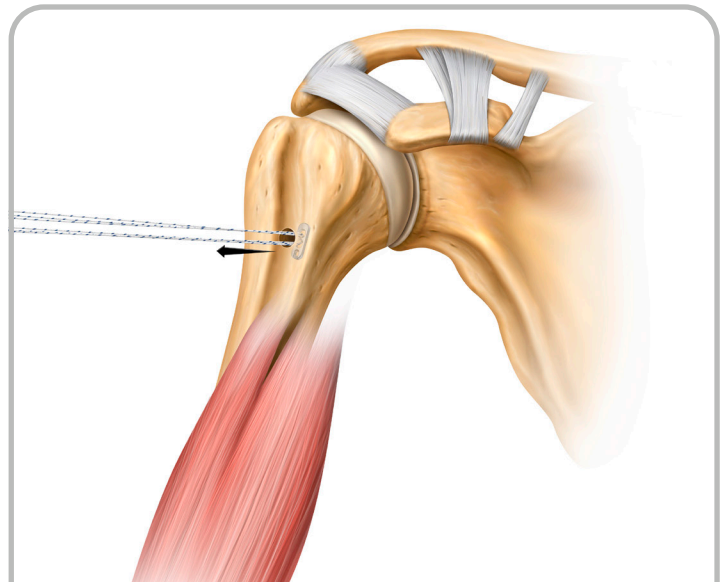
step
3

Slide the suture needle packet down the inserter shaft approximately one inch to release tension.



step
4

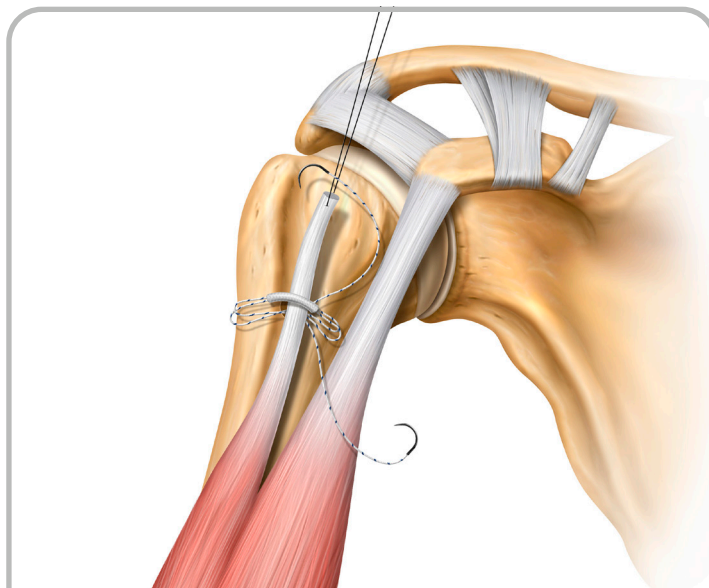
Press the activation button and twist the handle to flip the implant. Leave the Actiflip inserter in place and gently pull the distal sutures to aid final position of the implant.



step
5

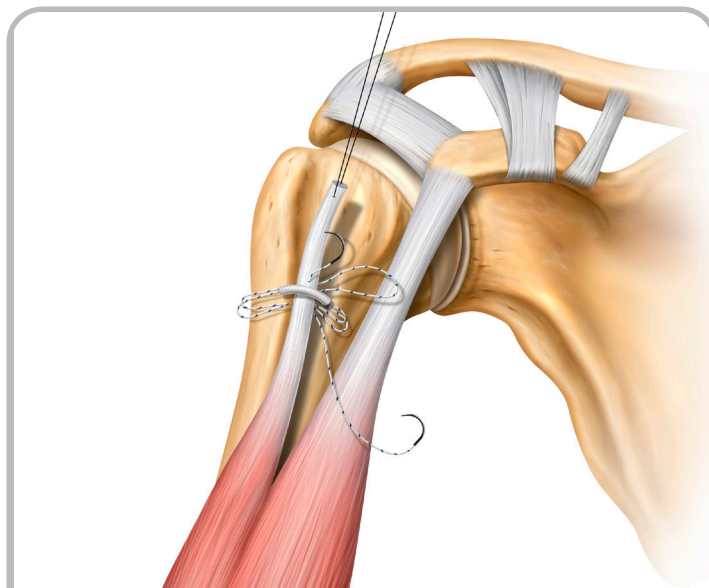
Remove the inserter.

Biceps Tenodesis *Actiflip cinch loop*



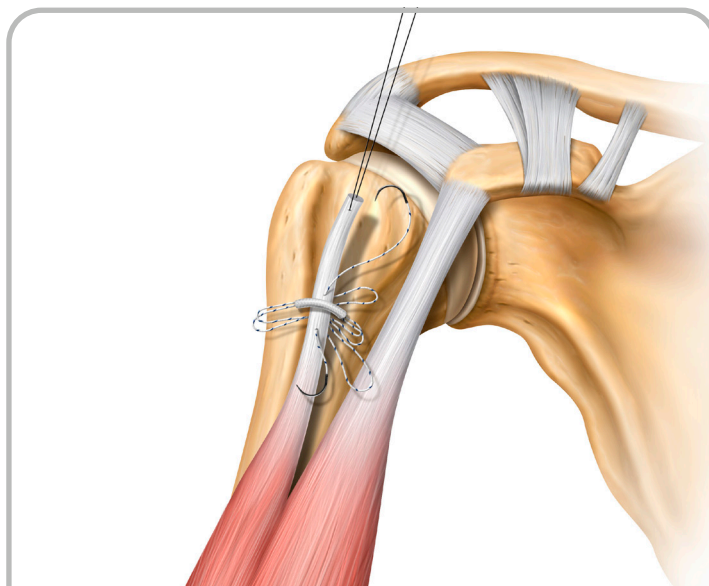
step
6

Position the biceps tendon through the cinch loop, pull the biceps tendon until desired tension is achieved, and mark the biceps tendon at the preferred point of fixation.



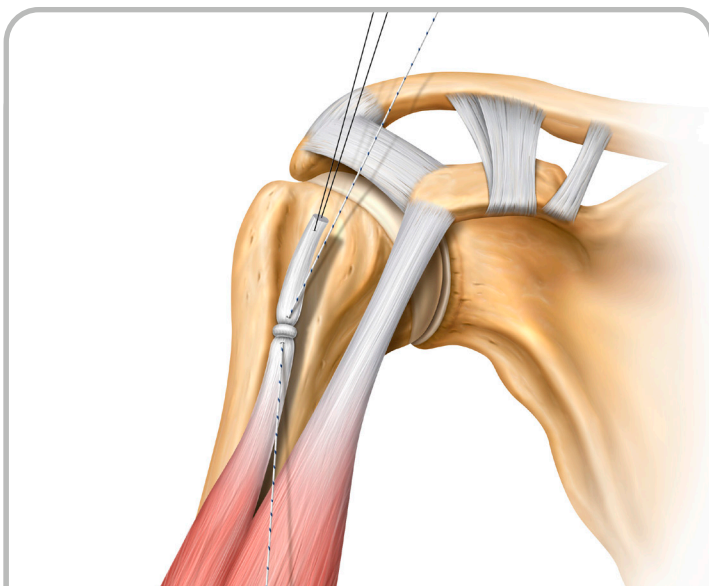
step
7

Pass one needle from deep to superficial, proximal to the preferred point of fixation.



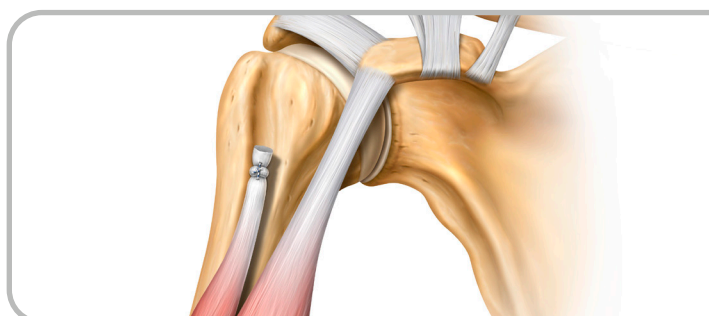
step
8

Pass the other needle from deep to superficial, distal to the preferred point of fixation.



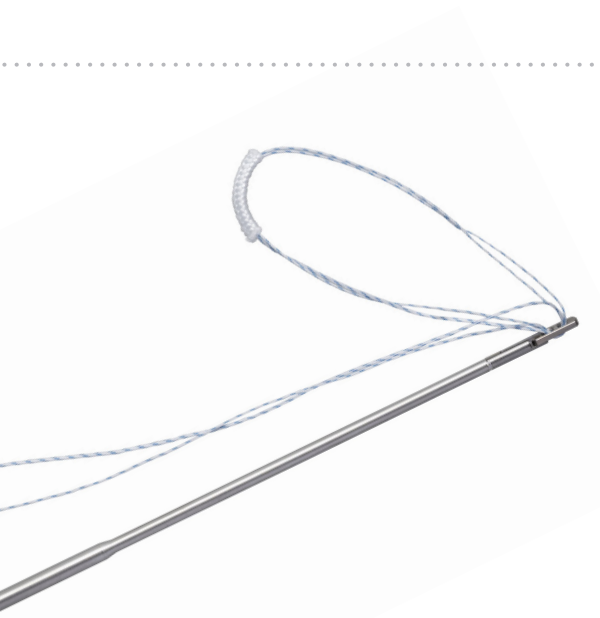
step
9

Pull the suture tails to reduce the cinch loop.



step
10

Use preferred knot tying technique over the tendon sheath for final fixation. Trim the biceps tendon leaving a tail of at least 10mm.



Actiflip is a button fixation system recommended for proximal biceps tenodesis and distal biceps repair. The titanium Actiflip button is designed for unicortical and bicortical techniques. Actiflip is available in two configurations. The innovative “Cinch Loop” option saves time in the operating room. The “Infinity Loop” option is designed for conventional whip stitching of the biceps tendon.

Features & Benefits

Actiflip Inserter

- Robust and reliable insertion of the button

Retractable finger

- Ability to reload the button if needed

Cinch loop

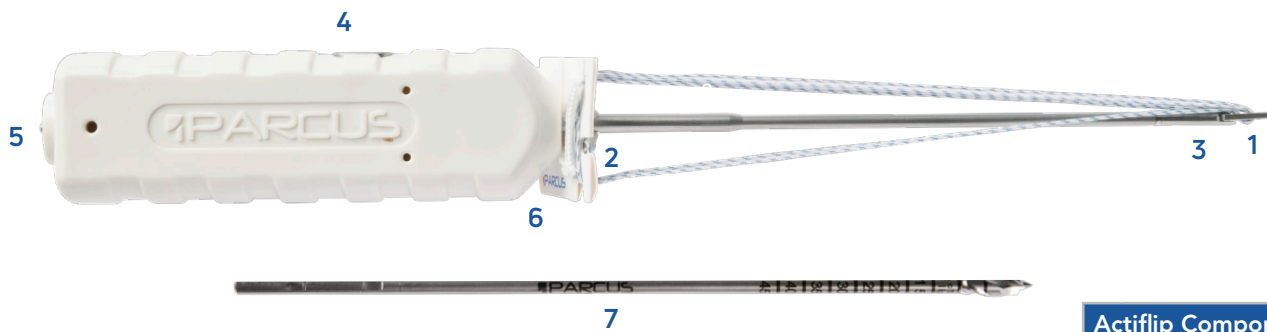
- Eliminates the need to whip stitch the biceps tendon
- Precise control and tension on the biceps tendon

Actiflip Biceps Tenodesis System

Part #	Width of Button (mm)	Length of Button (mm)	Description
11183SB	3	10	Actiflip SB, cinch loop, w/1, #2 suture (wht/blu), w/ needles (MO-6)
11185SB	3	10	Actiflip SB, w/1 whip (wht/blu), w/suture passer

Actiflip Instrumentation

Part #	Diameter (mm)	Description	Sterile/ Non-sterile	Single-use/ Reusable
11152SB	3.5	Actiflip SB, drill bit	Sterile	Single-use
11220	3.5	Cannulated reamer w/1.5mm K-Wire	Sterile	Single-use



Actiflip Components	
1	Actiflip button
2	Inserter shaft with post
3	Retractable finger
4	Handle with activation button
5	Reload pin
6	Actiflip cinch loop
7	Actiflip drill bit (11152SB)



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