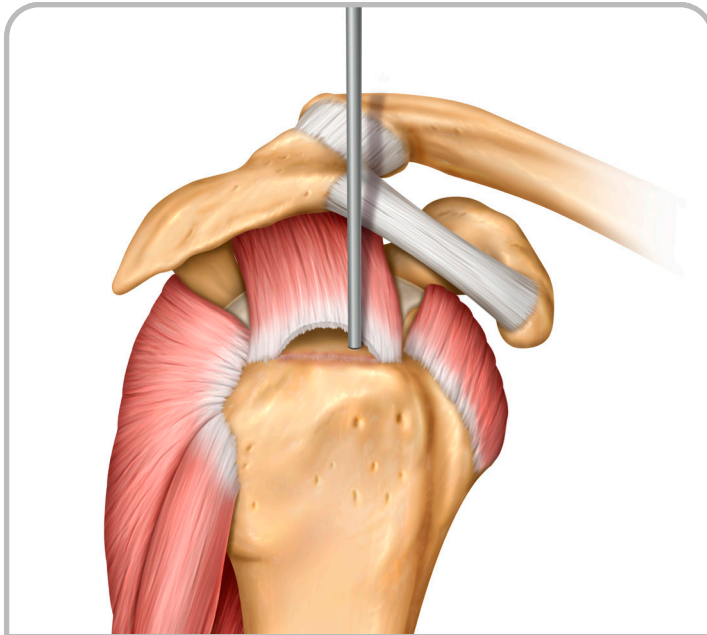


# Rotator Cuff Repair

*Draw Tight Suture-Based Anchors and  
Knotless Push-In Suture Anchors*

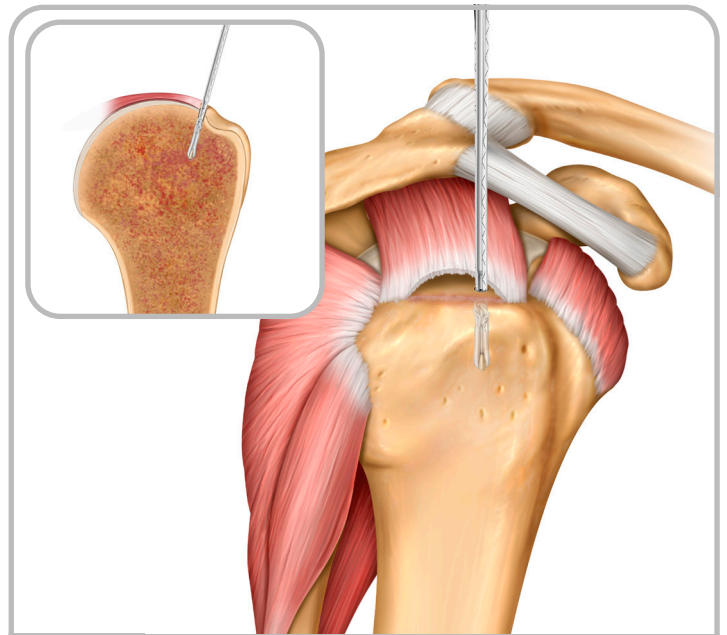
Surgical Technique Guide

# Rotator Cuff Repair *Draw Tight Suture-Based Anchors & Knotless Push-In Suture Anchors*



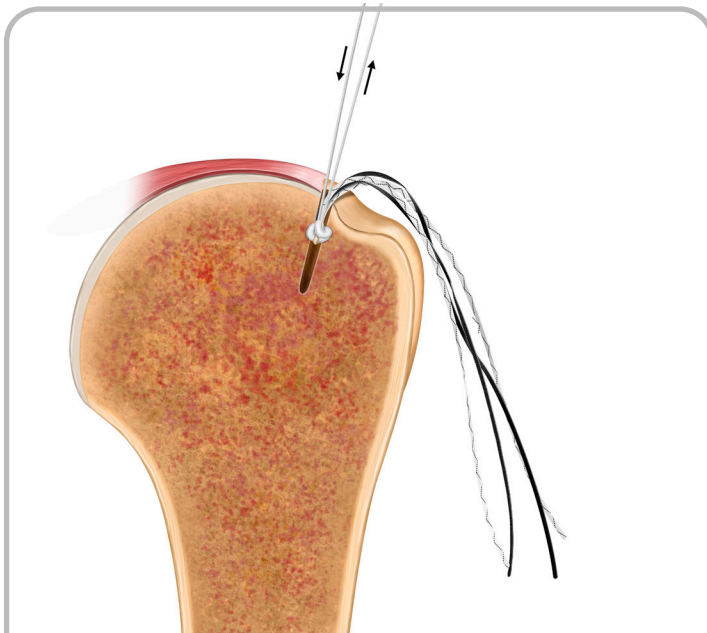
step  
**1**

The rotator cuff footprint is prepared, and pilot holes are created near the articular margin using the 3.2mm Awt (10365) to the 2nd laser line.



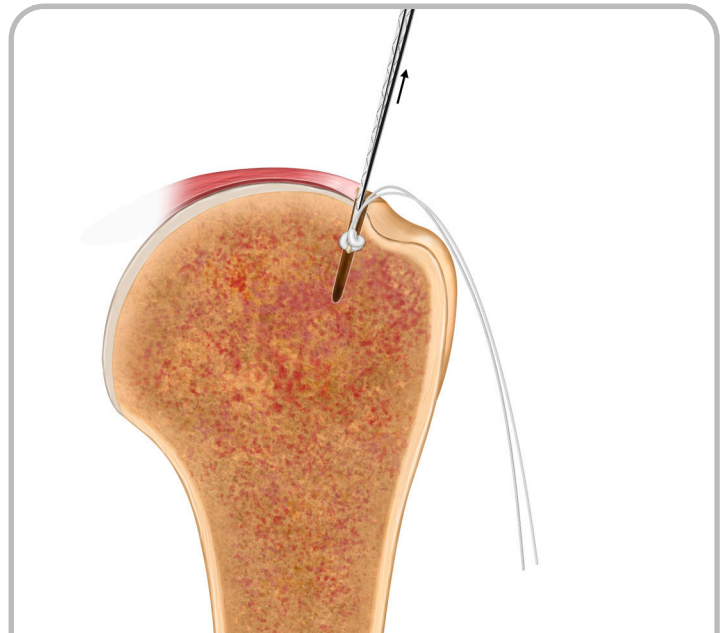
step  
**2**

Tap the 3.2mm Draw Tight Suture-Based Anchor into the pilot hole until laser line is reached. Uncleat all sutures and remove driver.



step  
**3**

Pull the white deployment sutures in a pistoning motion to deploy the implant.

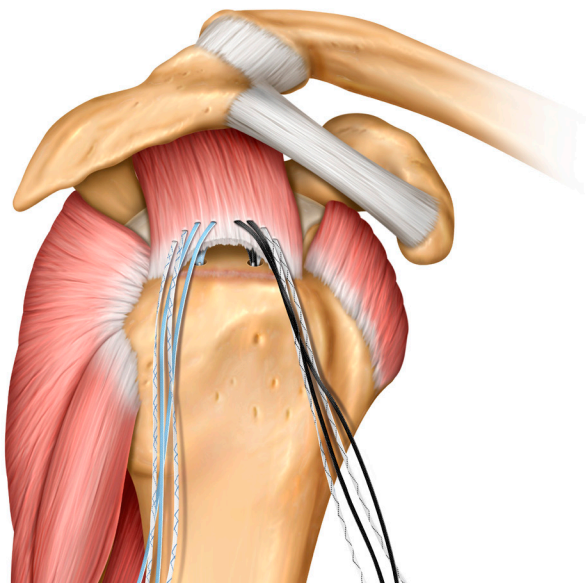


step  
**4**

Release the white deployment sutures and pull the sliding suture tapes for final deployment confirmation.

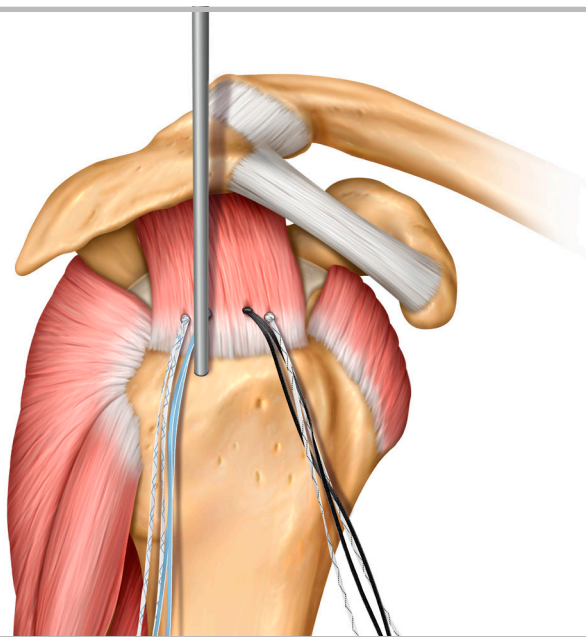
*Note: Suture Anchors are also available with two #2 sutures.*

# Rotator Cuff Repair *Draw Tight Suture-Based Anchors & Knotless Push-In Suture Anchors*



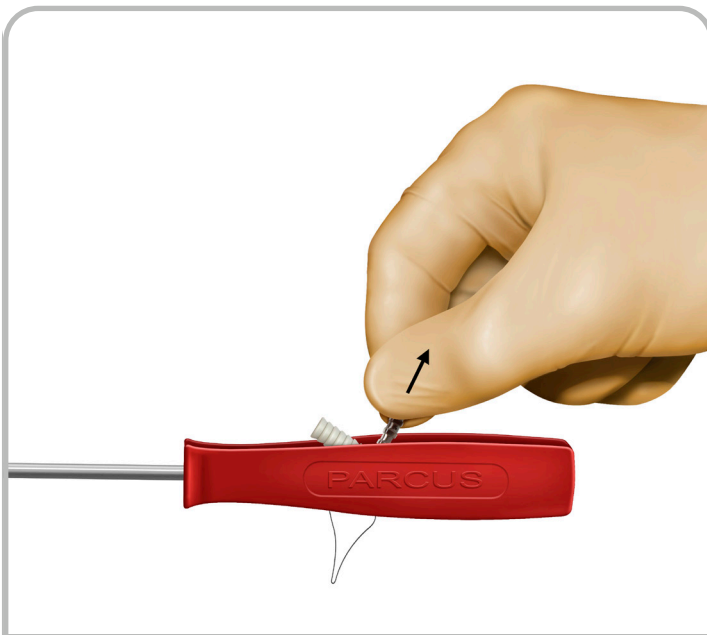
step  
**5**

The white deployment sutures are cut, and 1.6mm suture tapes are passed through the rotator cuff in a mattress configuration using preferred suture passing technique. The suture tapes can be tied for primary fixation or individual suture tails can be incorporated into lateral row fixation.



step  
**6**

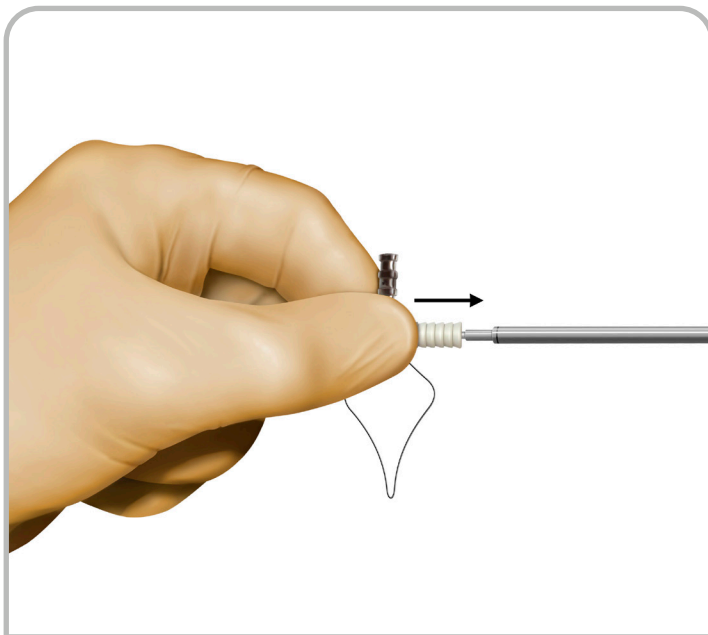
The lateral row anchor site is identified, and a pilot hole is created using the 3.2mm awl (10365) to the 2nd laser line.



step  
**7**

Remove the anchor from the Knotless AP Push-In Suture Anchor driver handle by pulling on the silver threader tab.

*Note: Either a PEEK Carbon Fiber (CF) or a biocomposite Knotless Push-In anchor may be used for the lateral row. A biocomposite anchor will be shown throughout this technique guide, but the steps are the same for either anchor material chosen.*



step  
**8**

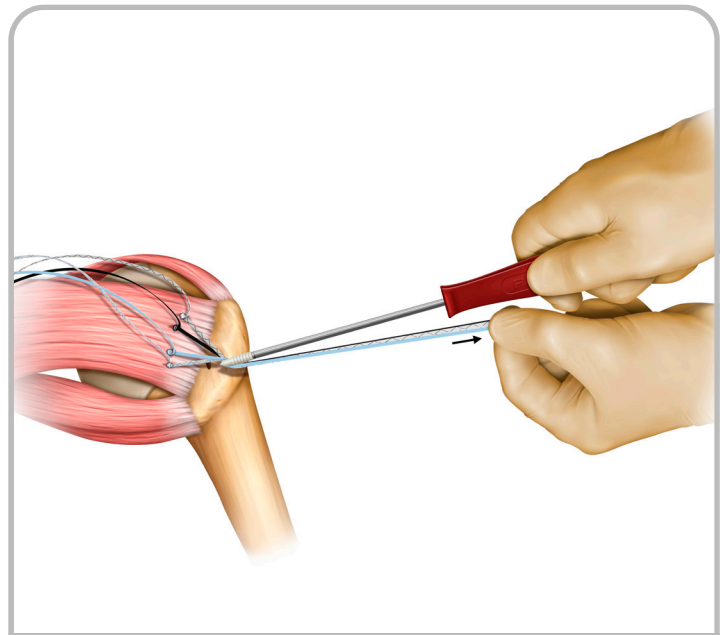
Load the implant onto the driver. Ensure there is no gap between the proximal end of the implant and the shoulder of the driver.



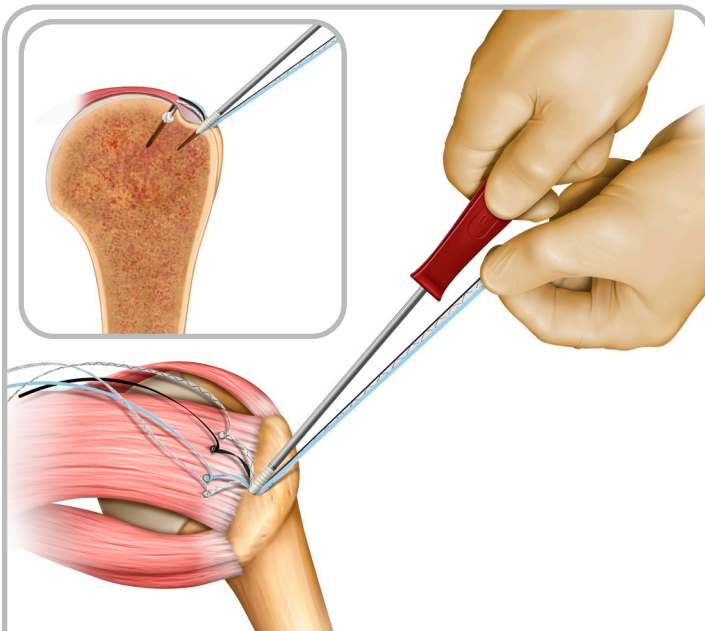
# Rotator Cuff Repair *Draw Tight Suture-Based Anchors & Knotless Push-In Suture Anchors*



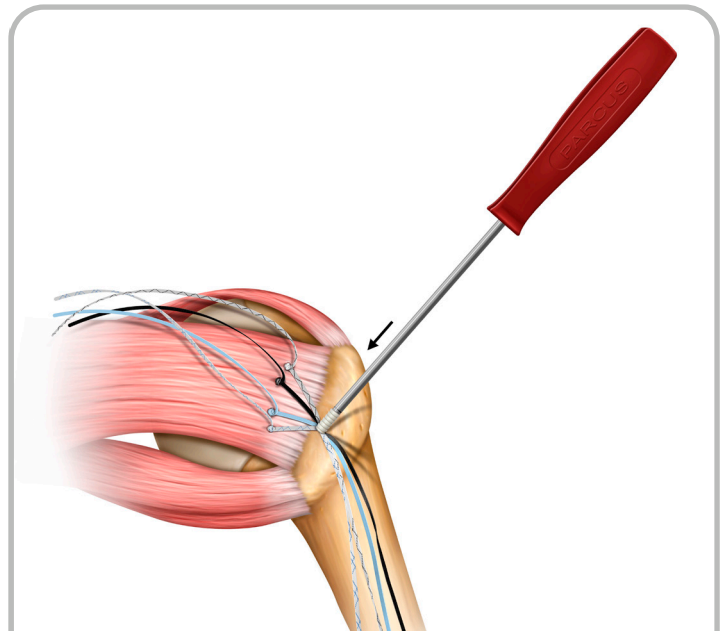
**step 9** Load the suture tails (up to 4) into the Knotless Push-In Suture Anchor threader. Pull the threader tab to load the sutures into the implant.



**step 10** Apply light tension on the suture tails and advance the Knotless Push-In Suture Anchor into the subacromial space through the cannula.

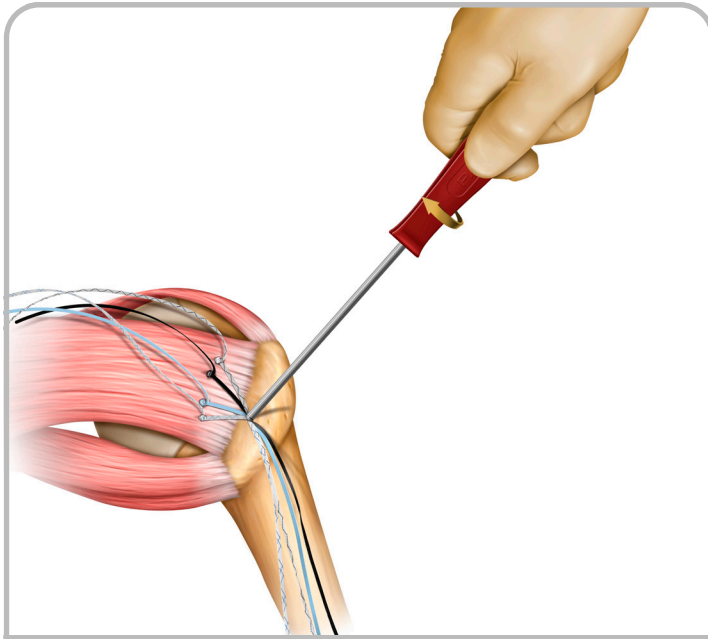


**step 11** Insert the tip of the Knotless Push-In Suture Anchor into the pilot hole while maintaining slight tension on the suture tails.



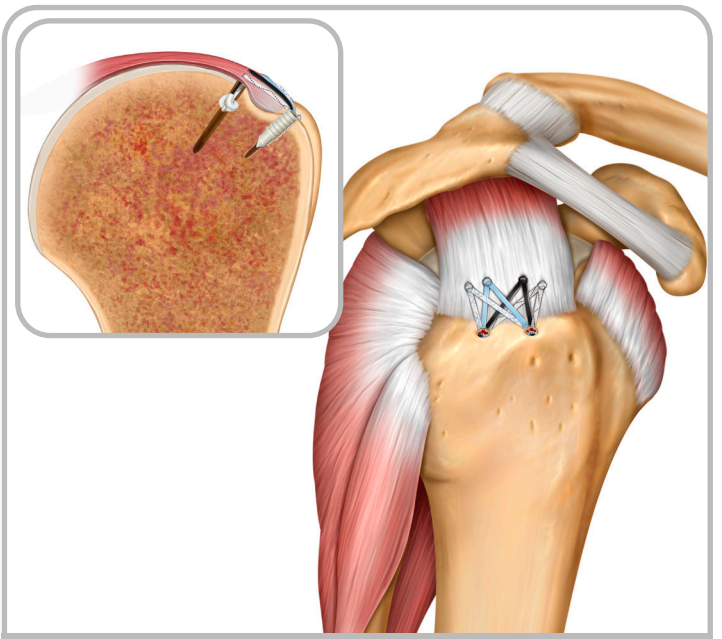
**step 12** Once the anchor tip is in the pilot hole, remove slack from the sutures and let suture tails hang freely. The Knotless Anchor is then tapped into the pilot hole (laser line is depth indicator). Final tension is achieved upon complete implant insertion.

# Rotator Cuff Repair *Draw Tight Suture-Based Anchors & Knotless Push-In Suture Anchors*



step  
**13**

Once the anchor is inserted at the proper depth, disengage by rotating the driver and pulling back.



step  
**14**

Repeat steps 6-13 to complete the repair.

# Product Listing

## Draw Tight *Suture-Based Anchors*



Draw Tight Suture-Based Anchors are recommended for use in both large and small-joint repairs. Made with UHMWPE and a PEEK power tip.

### Features & Benefits

#### Small insertion footprint & sub-cortical fixation

- Bone Sparing

#### Deployment Sutures

- Tactile confirmation the anchor has been successfully deployed

#### PEEK Power Tip

- Delivers improved insertion and a solid core for stronger fixation

#### Draw Tight Suture-Based Anchors

Part #	Diameter (mm)	Description	Material
10820	3.2	Draw Tight, push-in, suture-based anchor, w/2, #2 sutures (blu & blu/blu)	UHMWPE & PEEK
10588	3.2	Draw Tight, push-in, suture-based anchor, w/2, #2 sutures (wht/blu & wht/blk)	UHMWPE & PEEK

#### Draw Tight Suture-Based Anchors w/Suture Tape

Part #	Diameter (mm)	Description	Material
11151	3.2	Draw Tight, push-in, suture-based anchor, w/2, 1.6mm suture tapes (wht/blu & wht/blk)	UHMWPE & PEEK
11288	3.2	Draw Tight, push-in, suture-based anchor, w/2, 1.6mm suture tapes (blu, wht/blu)	UHMWPE & PEEK
11289	3.2	Draw Tight, push-in, suture-based anchor, w/2, 1.6mm suture tapes (blk, wht/blk)	UHMWPE & PEEK

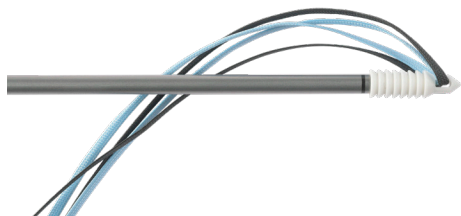
#### Draw Tight Suture-Based Anchors Instrumentation

Part #	Diameter (mm)	Description	Sterile/Non-Sterile	Single-use/Reusable
10365	3.2	Awl	Non-Sterile	Reusable



# Product Listing

## Knotless AP *Push-In Suture Anchors*



Knotless AP Push-In Suture Anchors are recommended for use in both large and small-joint repairs. The proven design of the knotless product family has been updated with Advanced Polymer (AP) material that is comprised of 70% PLGA and 30% B-TCP.

### Features & Benefits

#### Advanced Polymer

- Resorbable
- Radiolucent
- MR Safe

#### Knotless

- Provides a step-saving alternative to conventional knotted suture anchors
- Eliminates knot stacks associated with soft tissue irritation

#### Knotless AP Push-In Suture Anchors

Part #	Diameter (mm)	Length (mm)	Description	Material
10803	4.5	16.3	45 Knotless, push-in, suture anchor, w/suture passer	PLGA & B-TCP
10804	5.5	18.1	55 Knotless, push-in, suture anchor, w/suture passer	PLGA & B-TCP

#### Knotless AP Push-In Suture Anchors Instrumentation

Part #	Diameter (mm)	Description	Sterile/Non-Sterile	Single-use/Reusable
10365	3.2	Awl	Non-Sterile	Reusable



# Product Listing

## Knotless PEEK CF *Push-In Suture Anchors*

Knotless PEEK CF Push-In Suture Anchors are recommended for use in both large and small-joint repairs.

### Features & Benefits

#### Made of carbon fiber-reinforced PEEK

- Non-absorbable
- Radiolucent
- MR Safe
- Modulus of elasticity closely matches cortical bone

#### Knotless

- Provides a step-saving alternative to conventional knotted suture anchors
- Eliminates knot stacks associated with soft tissue irritation



#### Knotless PEEK CF Push-In Suture Anchors

Part #	Diameter (mm)	Length (mm)	Description	Material
10314	4.5	16.3	45 Knotless, push-in, suture anchor (implant only, driver not included), w/suture passer	PEEK CF
11175	4.5	16.3	45 Knotless, push-in, suture anchor, w/suture passer	PEEK CF
10315	5.5	18.1	55 Knotless, push-in, suture anchor (implant only, driver not included), w/suture passer	PEEK CF
11176	5.5	18.1	55 Knotless, push-in, suture anchor, w/suture passer	PEEK CF

#### Knotless PEEK CF Push-In Suture Anchors Instrumentation

Part #	Diameter (mm)	Description	Sterile/Non-Sterile	Single-use/Reusable
10365	3.2	Awl	Non-Sterile	Reusable
10487	-	45 or 55 knotless suture anchor driver*	Non-Sterile	Reusable

\* Use w/ 10314 or 10315



Reusable suture anchor driver (10487) shown here along with 4.5mm suture anchor (10314).



Parcus has joined Anika

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