

X-Twist Fixation System

The X-Twist[™] is a knotless, open architecture, and fast inserting suture anchor system with multiple configurations.

Available in PEEK or biocomposite material, the X-Twist Fixation System is designed for versatility across procedures:

- Single or double row
- Medial and/or lateral row applications
- Knotless and fully knotted constructs

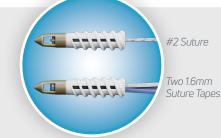




High Suture Tape Capacity

Simultaneously accommodates four 2mm tapes plus three #2 sutures in the distal PEEK eyelet

Maximize surface area compression, points of fixation, and load sharing to support a secure repair



Sliding Retention Sutures

Can be incorporated into repair or discarded

Anchor can be used like a traditional double-loaded anchor with multiple sliding 1.6mm suture tapes



Open Architecture Design

1.4mm vents run along four sides of the fully threaded anchor body

Enhance marrow element flow to support repair site healing and fixation site bony ingrowth



Unique X-Spline[™] Drive

X-Spline drive provides two times the torsional efficiency of a traditional hex drive

Reliable insertion even in hard bone



Double Helix Design

Two independent threads in double helix relationship with high-threaded pitch

Faster insertion with 3 1/4 turns



Multiple Material Choices

Choose from clinically proven materials; **PEEK** for strong, stable bio-inert fixation with a nonresorbable material or **biocomposite** (70% PLGA and 30% B-TCP) that promotes gradual bony ingrowth over time

Secure Fixation with Fully Threaded Design

X-Twist's fully threaded anchors provide purchase into cortical and cancellous bone, resulting in a strong, stable repair that resists micromotion and pullout.

PULL-OUT STRENGTH COMPARISON

Anika X-Twist™ vs. Arthrex® SwiveLock® C

50 45 40 45.01 44.05 35 Anika 40.55 X-Twist BC X-Twist PEEK 30 35.25 25 20 Arthrex 15 10 5 lbs o **Biocomposite PEEK** P-value: p=0.009 P-value: p=0.000

Anika X-Twist Biocomposite demonstrated:

12% stronger

pull-out strength than the Arthrex SwiveLock C biocomposite anchors

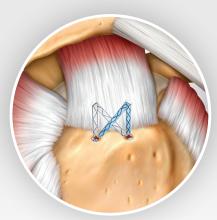
Anika X-Twist PEEK demonstrated:

25% stronger pull-out strength than the Arthrex

Swivel ock C PEEK anchors

N=8/product; Tensile strength testing completed in 10 lb/ft³ polyurethane foam bone block laminated with a 3mm thick 20 lb/ft³ polyurethane foam layer

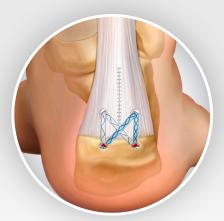
Multiple Repair Constructs



Double row knotless with two sets of 2mm suture tapes



Medially knotted with four sets of 1.6mm suture tapes and a knotless lateral row



Double row knotless Achilles repair with two sets of 2mm suture tapes

X-Twist Fixation System

X-Twist [™] PEEK Screw-In Suture Anchors						
Part #	Diameter (mm)	Length (mm)	Description	Material		
XT24700	4.75	23	X-Twist PEEK 4.75mm, w/one #2 suture (blu/wht)	PEEK		
XT24702	4.75	23	X-Twist PEEK 4.75mm, w/two 1.6mm suture tapes (blu, blu/wht)	PEEK		
XT24703	4.75	23	X-Twist PEEK 4.75mm, w/two 1.6mm suture tapes (blk, blk/wht)	PEEK		
XT25500	5.5	23	X-Twist PEEK 5.5mm, w/one #2 suture (blu/wht)	PEEK		
XT25502	5.5	23	X-Twist PEEK 5.5mm, w/two 1.6mm suture tapes (blu, blu/wht)	PEEK		
XT25503	5.5	23	X-Twist PEEK 5.5mm, w/two 1.6mm suture tapes (blk, blk/wht)	PEEK		
XT26200	6.25	23	X-Twist PEEK 6.25mm, w/one #2 suture (blu/wht)	PEEK		



X-Twist Biocomposite Screw-In Suture Anchors						
Part #	Diameter (mm)	Length (mm)	Description	Material		
XT44700	4.75	23	X-Twist Biocomposite 4.75mm, w/one #2 Suture (blu/wht)	Biocomposite		
XT44702	4.75	23	X-Twist Biocomposite 4.75mm, w/two 1.6mm Suture Tapes (blu, blu/wht)	Biocomposite		
XT44703	4.75	23	X-Twist Biocomposite 4.75mm, w/two 1.6mm Suture Tapes (blk, blk/wht)	Biocomposite		
XT45500	5.5	23	X-Twist Biocomposite 5.5mm, w/one #2 Suture (blu/wht)	Biocomposite		
XT45502	5.5	23	X-Twist Biocomposite 5.5mm, w/two 1.6mm Suture Tapes (blu, blu/wht)	Biocomposite		
XT45503	5.5	23	X-Twist Biocomposite 5.5mm, w/two 1.6mm Suture Tapes (blk, blk/wht)	Biocomposite		
XT46200	6.25	23	X-Twist Biocomposite 6.25mm, w/one #2 Suture (blu/wht)	Biocomposite		



Suture Tape				
Part #	Size (mm)	Description	QTY/ Box	
20032S	1.6	Parcus Braid® suture tape (wht/blu)	1	
20034S	1.6	Parcus Braid suture tape (wht/blk)	1	
20174S	1.6	Parcus Braid infinity loop (wht/blu) w/straight needle	1	
20042	2	Parcus Braid suture tape (wht/blu)	6	
20042S	2	Parcus Braid suture tape (wht/blu)	1	
20238	2	Anika Braid suture tape (wht/blu)	12	
20238S	2	Anika Braid suture tape (wht/blu)	1	
20239	2	Anika Braid suture tape (blu)	12	
20239S	2	Anika Braid suture tape (blu)	1	
20240	2	Anika Braid suture tape (blk/blu)	12	
20240S	2	Anika Braid suture tape (blk/blu)	1	

X-Twist Instrumentation						
Part#	Description	Sterile/ Non-sterile	Single-use/ Reusable			
XT04700	X-Twist 4.75mm tap	Non-sterile	Reusable			
XT04701	X-Twist 4.75-5.5mm awl	Non-sterile	Reusable			
XT04702	X-Twist 3.6mm awl	Non-sterile	Reusable			
XT04703	X-Twist 4.75mm tap, DEX*	Non-sterile	Reusable			
XT04705	X-Twist 4.0mm drill, DEX*	Non-sterile	Reusable			
XT04706	X-Twist 3.6mm drill, DEX*	Non-sterile	Reusable			
XT05500	X-Twist 5.5mm tap	Non-sterile	Reusable			
XT05501	X-Twist 5.5mm tap, DEX*	Non-sterile	Reusable			
XT00001	X-Twist sterilization tray	Non-sterile	Reusable			
AC 1511 T. I. C.						

[^]See IFU or Technique Guide for instrumentation guide by anchor size and bone quality *DEX = Distal Extremity

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